# **Amazon Mission Trip**

July 3-16, 2019

# **Packing List**

#### **Essential**

- **-Passport** [When you think you are packed and are in the car ready to pull out of your driveway, please do two things: 1) Check to make sure you have your passport. 2) Pray that God will give us a safe trip and return you to this driveway safely and unharmed.]
- \* for the flight going to Brazil pack snacks to eat on the airplane. The airline is not offering option of vegetarian food from Miami to Manaus. You never know what type of food they will offer.

#### Attitude

- -Smile
- -Good Spirit
- -Flexibility

#### General

- -Your Bible and Personal Devotional Material
- -Notebook to keep a journal of your experiences
- -Money for Souvenirs
- -Power converter with appropriate adaptor

## **Sleeping Gear**

- -Sheets for hammock, pillow and a small blanket because it can get cooler in the evening
- -Flashlight
- -Sleeping Cloths that cover most of your body to keep the bugs off.

(If you want a mosquito net let us know)

- -Travel Alarm Clock
- Ear Plugs

#### **Toiletries**

- -Deodorant
- -Desodorante
- -Toothbrush
- -Toothpaste
- -Dental Floss
- -Finger Nail Clippers
- -Q-Tips
- -Contact Case and Solution
- -Glasses
- -Bug Spray (I Like "REPEL Sportsmen Max 40% Deet) non aerosol
- -Sunscreen (I Like BananaBoat Sport Ultra Sweatproof SPF 30 or higher).
- -Chap Stick bálsamo para os lábios
- -Any Personal Medicine / Charcoal pills / vitamins
- -Other Personal Hygiene Items
- -Towel
- -Wash Cloth / Sponge
- -Shampoo
- -Body soap

- Toilet paper (one roll is plenty)
- poncho / Umbrella (optional if you don't want to get wet.)
- Footy to swim with

#### **Meal Items**

- -Empty Water Bottle.
- -Pure or Brita water bottle filter (optional, we will be buying all our water)
- -Hand Sanitizer

### Clothing

- Hat
- Sun Glasses
- Comfortable light and loose Clothes to say cool and keep the bugs off your body
- Comfortable Shoes and Socks
- Work Clothes for the Construction Team
- Work Gloves
- Protective eye gear
- Swimsuit
- Sabbath Clothes

#### Miscellaneous

- Rag or a Hand Towel (good for swatting flies and wiping off sweat)
- Zip lock bags a few garbage bags. (always handy for traveling or in wet and rainy situations.
- Travel Pillow (I also use my travel pillow as my regular pillow to help cut down on bulk in my luggage)
- Gatorade Powder (When traveling it is important to drink lots of water, sometime a little flavor helps to drink more).
- Some people may want to bring little things to give away to the friends they make. Some take stickers. I usually leave my watch. Be creative.

#### **Technology**

- Photograph Camera and or Video Camera
- Phone
- Binoculars
- Laptop
- Note 1: You may choose to bring expensive technological equipment, please remember these items will be at risk. These types of things can be easily stolen. You may want to see if your insurance about coverage on these types of items.
- Note 2: We are allowed to take one suitcase weighting up to 70 pounds with personal items, you will be asked to take one mission suitcase provided and paid for by the mission project.
- Note 3: Please let us know if you are allergic to any food so we can make arrangements for you.